



1. Who is Keith outside of your bio?

Outside of my bio, I am a father, a friend, a mentor, a dreamer, a mental health advocate and Mary Lawson's baby boy. I am the dream of an inner city Baltimore kid realized.

2. You're an entertainment industry vet! How have you navigated longevity in this industry?

I have managed to stay relevant in this industry by treating every challenge as an opportunity to learn a new skill. It was not pre-determined that I would work in the entertainment industry. I was on the path to be a Mechanical Engineer, so everything I learned about the TV, Film and music business I approached with a humble nature and a willingness to learn and be coached. I also treat every high and every low as a necessary part of the process, and respect everyone I meet along the way.

3. You're an author. Why did you decide to start writing?

I have always been a writer. From my humble beginnings in Inner City Baltimore when my imagination was my sole source of entertainment to my years working in TV, I have been writing every day in some capacity. Being a published author is an entirely different thing, but it would not be possible without all the small steps over the years.

4. It's a new year! What do you want to do more of?

In 2024 I plan to create more, to mentor more, to dream a bigger dream, and of course, to start working on my next book. :-)

5. What's next for Keith?

Next for me is to focus on developing my film and TV production ventures, as well as taking some speaking engagements and mentorship opportunities that I have not had time to do previously. I also am starting a new book on the struggles many families are facing with the mental health crisis from a father's perspective.

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